**PRIVATE AND CONFIDENTIAL**

Dear Parent/Guardian,

**Re: Diarrhoea and/or Vomiting**

We have been informed that a number of school children in Acrefair County School have recently been unwell with diarrhoea and/or vomiting.

The following important yet simple tips will help to avoid the spread of diarrhoea and/or vomiting:

* If a child or member of school staff suffers from diarrhoea and/or vomiting, arrangements should be made for that person to be sent home. Parents of an ill child should be advised to contact NHS Direct Wales on 0845 46 47 if they are concerned about their child’s health.
* Children and staff members that have suffered with diarrhoea and/or vomiting should not return to school until they have been **free of symptoms for at least 48 hours**
* Where a person is ill with diarrhoea and/or vomiting, strict hygiene precautions should be adopted in the home including thorough hand washing by parents caring for ill children and disinfection of surfaces soiled by diarrhoea and/or vomit. These measures will help to prevent spread of illness amongst family members.

Yours sincerely

Health Protection Nurse,

Mrs Louise Griffiths-Richard

